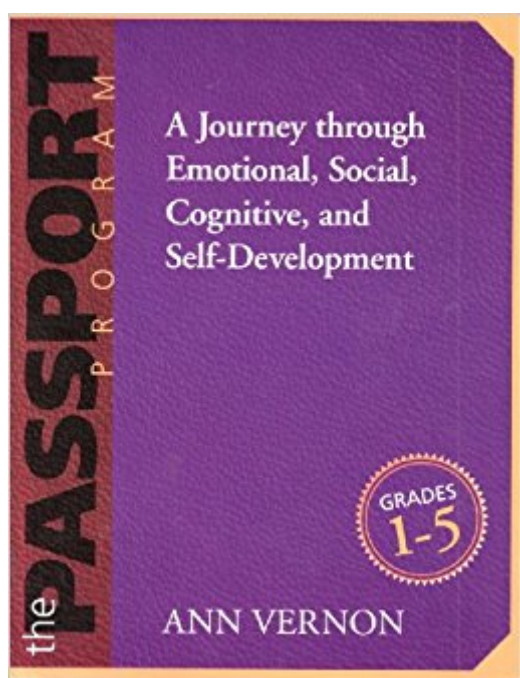


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# The PASSPORT Program: A Journey Through Emotional, Social, Cognitive, And Self-Development/Grades 1-5



## Synopsis

An effective prevention curriculum that helps students in grades 1-5 learn positive mental health concepts by developing self-acceptance, personal relationship skills, problem-solving and decision-making strategies, and skills to deal with troublesome emotions. It is designed to teach students what is normal for their age group and to help them learn effective strategies for dealing with the challenges and problems of growing up. PASSPORT is a self-contained developmental curriculum containing numerous learning activities for use in classrooms or small-group settings. The activities can also be adapted for use in individual counseling. The PASSPORT Program is strongly grounded in developmental theory and the principles of Rational-Emotive Behavior Therapy.

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## Customer Reviews

Dr Ann Vernon , Ph.D., NCC, LMHC, is professor emerita, University of Northern Iowa, USA where she served as coordinator of the School and Mental Health Counseling programs. Dr. Vernon has published numerous books and has authored more than 30 book chapters dealing primarily with counseling children and adolescents, developmental counseling, and applications of Rational Emotive Behavior Therapy (REBT) with children and adolescents. In addition to her teaching and writing, Dr. Vernon presents workshops throughout the United States, Canada, and numerous other countries.

Looked great!

I have given this book several reads. It has some merit in application. However, the book has little substance. It is organized well and this helps to make the book seem it has more to offer than it does.

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